

Abundance

Magazine

New hope for
Kenya's teen
mothers

Pages 6-7

Your love
fuels a self-
sustainable life

Pages 8-9





Thank you!

You raised \$102,890 for Gaza's
al-Ahli Arab Hospital during
the Christmas period.

Your generous donations
are currently covering
the medical costs
of thousands of
people in Gaza.





Changed hearts, changed lives

Thanks to you the Venerable Ayub's wife is able to work, his children are heard, and he has helped elevate women to leadership positions.

It's a huge change. Previously, Ayub (pictured) never thought men and women were equal. In his culture, it was said a woman's place was in the kitchen. And, he never thought his children had a right to their own voice.

Ayub's change of heart is thanks to you. You funded training from the Anglican Church of Kenya, Mt Kenya West, which teaches clergy about the rights of children and to be advocates for gender equality. Training clergy extends the reach of the program, into otherwise hard to reach areas.

'We see Jesus lifting women on many occasions,' is Ayub's reflection.

The Anglican Church of Kenya, Mt Kenya West Diocese, receives funding from your generous support and the Australian Government, through the Australian NGO Cooperation Program (ANCP).



Drought-proofing leads Ann to financial independence


Your support means Ann is experiencing financial freedom for the very first time.

Ann once lived hand to mouth, reliant upon her husband for finances. With guidance from the Anglican Church in Mt Kenya West, Ann obtained a loan and started a small farm, which has since blossomed. The farm now includes fruit trees, a kitchen garden, dairy cows, poultry, and the capacity to store hay, ensuring she has food for her animals during droughts.

Your support enabled the Anglican Church of Kenya to train and guide Ann and other women leaders passionate about community transformation. The training enhanced these women's leadership skills and helped them to establish a Women's Network to support each other and empower other women in their community. Inspired by what they learnt and the changes they were seeing in their own lives, the network began teaching women about economic independence, sustainable farming practices and child rights and security.

When Ann still relied upon her husband for money, she made charcoal to make ends meet. Charcoal is produced by cutting down trees and burning the wood.



A woman with a joyful expression is shown from the waist up, reaching up to pick a ripe orange from a tree. She is wearing a bright blue t-shirt and a purple patterned headscarf. The background is a lush green tree with many oranges hanging from its branches. The scene is brightly lit, suggesting a sunny day.

Unfortunately, this hurts both a person's health and the environment. Ann became determined to find a sustainable livelihood leading to economic independence and a healthy future.

Ann's new income helps her support her family and allows her to save and invest money. As for future plans, she has purchased more land and constructed rental properties on it. Ann is also determined to undo any damage she caused to the environment by making charcoal: 'I feel obligated to plant as many trees as possible to replace the ones I cut down.'

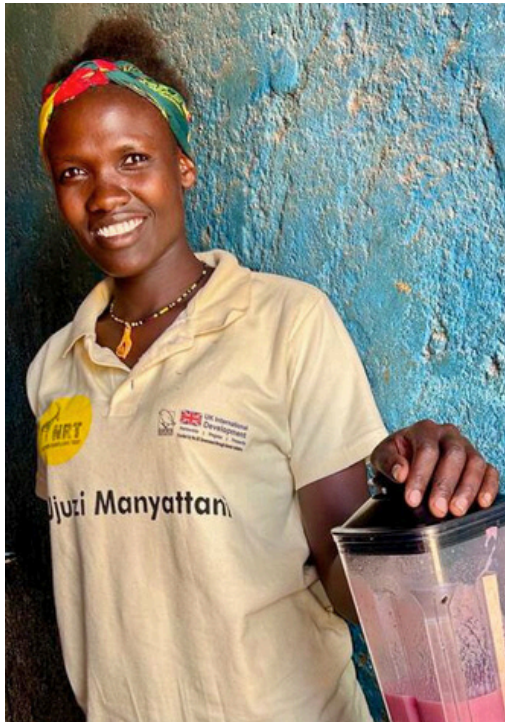
Ann has inspired women in her community by showing that gender does not need to be a barrier to a safe and secure future. Thank you for enabling this!

For just \$25, you can give a woman like Ann the opportunity to participate in income-generating training, setting up a secure future for her and her family.

A fruitful two years of farming means that Ann can support her family and save and invest for the future.

Renewed hope for teenage mums

At 22, Jacinta from Kenya, is a single mother of three. This would mean isolation and poverty for many. But with your help, Jacinta has established a livelihood and a support network.



Jacinta now runs her own guesthouse.

At 15, most Aussie teenagers are stressing over a maths test, struggling with a friendship or desperately trying to be understood by their parents. At 15, Jacinta in Kenya faced giving birth to her first child. To survive, Jacinta started making illegal alcohol to feed her family. That was until she joined a Teenage Mums Club.

The Teenage Mums Club helped her save enough money to open a small guesthouse with a kitchen garden attached to grow produce for her guests. She is grateful to be a part of the group, saying that it has significantly contributed to her financial security and support networks.

At the group, mums come together to support each other's mental health, pool resources to care for their children, and explore alternative sources of income. They also take part in training such as reproductive health and self-care. Your gift has allowed the Mt Kenya diocese to create Teenage Mums Clubs throughout the region.





It has been life-changing for mums like Jacinta. Every year in Kenya 13,000 girls leave high school because they are pregnant. Girls in Kenya are at high risk of unintended pregnancies due to limited access to sexual education, poverty, gender injustice and early child marriage.*

Kenya has limited support systems for teenage mums, and in some tribes, a tradition of fathers abdicating all responsibility for their daughter if she becomes pregnant. This means teenage mothers and their children often live in poverty, at an increased risk of experiencing intimate partner violence.*

Your donations help teenage mothers return to school by equipping them with income-generating activities that don't take up their entire day. Work with families increases support networks and decreases harmful cultural beliefs. This ensures that women like Jacinta can care for their children without worrying about what tomorrow will bring.

For just \$50 you can enable a teenage mum to take part in school holiday training with her Teenage Mums Club.

*Centre for Study of Adolescents - *Understanding-Teenage-pregnancy-in-Kenya-FINAL-2.pdf*





Your gift fuels a self-sustainable life

Peter now has the support he needs and the belief that he can sustain himself.

For Peter, who is blind, being understood by his community was challenging. The possibility of earning a living was even more complicated.

But now, Peter is earning an income and has confidence in himself.

Your support meant Peter could attend a group for people living with disabilities. There he found the understanding to develop self-acceptance:

‘I realised I could do more without needing much support. I have confidence and don’t care what people think or how they talk about me.’

Peter explains that few people are blind in his community, which makes being understood very difficult. Simple things like walking down a road can be a challenge. The ground is bumpy, and falls are easy if you cannot see the way.

‘People look down on me ... [they] don’t

guide me because they don’t understand that I am blind.’


Run by the Anglican Diocese of Mt Kenya West, the group provides a space for people to understand their true value. With his newfound confidence, Peter now earns an income by growing produce, keeping poultry, and making soap. He is proud to no longer rely on others.

Peter sums up the work of the Diocese, ‘The program is serving the purpose of Jesus because when we have tears, they come in to wipe them away.’

You can ensure people living with disabilities understand their worth and can establish a livelihood.

\$25 helps one person with disabilities access services, opportunities and assistive devices through the Anglican Church of Kenya, Mt Kenya West Diocese.



A man with short, dark hair and a warm smile is the central figure. He is wearing a dark brown cord jacket over a blue and white patterned shirt. He holds a dark, cylindrical object, possibly a tool or a pipe, in his right hand. The background is a blurred outdoor setting with a green wall and a dirt path.

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Partner Updates

Here are just a few updates from Anglican Overseas Aid's partners who are working hard serving their communities.

Cambodia

It has been a busy year for the Community Initiative Development Groups supported by PNKS. One group worked with the youth, village leader, and School Management Committee, to build a library for a primary school. Now children have access to books! Another group raised funds to rebuild a broken bridge, and another built teacher accommodation.

East Jerusalem

The Spafford Children's Centre is working hard to make sure children can access treatment for their trauma reactions, despite political instability and movement restrictions. They are using remote counselling and flexible scheduling so children can work through their trauma.

India

Your support ensures the Cathedral Relief Service in Kolkata can reach some of the most vulnerable women in India.

At the age of 35 Tampa (pictured) is already a grandmother. Unfortunately for many girls who live in Kolkata, child marriage and teenage pregnancy are common. Since taking part in CRS sewing training, Tampa has established her own business!

For Tampa, CRS training led her to its social enterprise Nari Dana, allowing her to get a job in a boutique, and save to purchase her own sewing machines.

Thank you for ensuring women like Tampa are provided pathways to financial independence.

Praying for justice

Gracious and everlasting God, you sent your son to this world to shine a light on those who had been rejected by society. Help us to care for people the way you do. Help us to bring equality and justice to those who have experienced so much inequality and suffering. We ask that you bring wisdom and strength to our partners in India, Cambodia and East Jerusalem, caring for those who have been made marginalised. Help them to shine your love and hope into their communities. In your mighty name we pray, Amen.



Life of faith creates a legacy

Leaving a bequest can create a lasting legacy that transforms lives and communities for generations to come.

In 2024, Anglican Overseas Aid received a bequest from Lorna Holsinger, which exemplifies this transformative power.

Part of Lorna's bequest will fund a program with Mothers Union in Southern Africa, training 225 women in sustainable food agriculture. These women then pass on their knowledge to others in their communities, multiplying the program's impact.

The program enhances family nutrition and provides a sustainable income. By equipping women with the necessary knowledge and skills, it empowers them to take on leadership roles within their communities.

Lorna's bequest will create ripples of positive change, improving the lives of women and communities living in poverty.



Her legacy will be felt for years as empowered women lead the way toward a more sustainable and resilient future for their communities.

We celebrate Lorna's life and her commitment to helping remove the obstacles those living in poverty face.

If you want to learn how to leave a bequest like Lorna's and change lives for generations to come, please get in touch with AOA at aoa@anglicanoverseasaid.org.au or 1800 249 880 to receive an obligation-free information kit.

Not a matter of if but when



Drought will hit Kenya.

You can make sure communities are ready to survive.

Two years ago, the drought in Kenya was so severe that children fainted in school, and malnourishment led to tragic outcomes. Thanks to you, we sent emergency food to ensure schools could provide life-saving porridge to their students, and 350 of the poorest households received food supplies. You fed more than 11,000 children!

Your donations also kept students safe by enabling them to stay in school longer. This provided students with equal access to education and protection against early marriage, child abuse and teenage pregnancy. For instance, before the feeding program was introduced at one remote school, students could only attend class until 1pm. Their long journey and lack of proper nutrition left them too exhausted to complete a full day. After the feeding program students were able to finish school at 3pm.

2025 is already set to be hotter and dryer than usual. We need your help to prepare communities for the next drought. The Anglican Church of Kenya wants to ensure communities are prepared for the changing climate so that when prolonged droughts hit, people are ready. They have already started teaching people how to grow drought-resistant crops, diversify their income, and develop effective water harvesting mechanisms to ensure they are equipped when severe drought strikes again.

Your generous donations will ensure people in Kenya are protected with the knowledge and resources they need to survive.

\$200 trains five people to prepare for disaster, so they are ready when the next drought strikes.

Donate here



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